

Program Evaluation of *Health Rocks!*

Dear Youth Participants and Parents,

We invite youth participants of Health Rocks training to answer this evaluation survey after participants complete the training. We are interested to know what youth participants have learned from the Health Rocks! training in general. Specifically, this evaluation will assess participants' increased knowledge, changes in beliefs and attitudes, and increased skills and self-reported confidence in using positive behaviors targeted by the curriculum after their participation in *Health Rocks!* intermediate level training.

The survey will ask questions about participants' knowledge, attitude, skill and/or behaviors after the Health Rocks training, and then ask them about the same knowledge, attitude, skill and/or behavior before the Health Rocks training. Demographic information such as age, grade, ethnicity, etc. will also be asked. Participants have the space to share their experiences or additional information about the training at the end of the questionnaire if they wish. The survey mainly consists of forty 4-point scale questions. It will take youth approximately 15-20 minutes to complete the survey.

There are no known risks or discomforts associated with this evaluation. If participants feels uncomfortable with any question in the questionnaire, they can stop and withdraw from the participation at any time. The survey is confidential. No name will be linked to the information provided in the survey.

There is no monetary compensation for answering the survey questionnaire.

If you have any questions about the questionnaire or any questions concerning this evaluation project, please don't hesitate to contact Dr. Yan Ruth Xia (email rxia2@unl.edu, phone (402) 554-3259) or Dr. Maria De Guzman (email mguzman2@unl.edu, phone (402) 472-9154).

Thank you!

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